



***Pregnancy can often
be unplanned***

If you, or someone you know, are experiencing an unplanned pregnancy, the Pregnancy Choices Helpline can support with free, unbiased and confidential information on pregnancy options.

You can speak with a health professional by calling: the Pregnancy Choices Helpline on **1800 008 463**.

This phone line is available 8:00am-8:00pm Monday to Friday, or you can visit the Pregnancy Choices Helpline website and Live Chat at **www.pregnancychoices.org.au** for more information.

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